# **Efi Continuing Medical Education (CME) / Continuing Professional Development (CPD) Reflective note template**

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| Activity Description: | |
| Start Date: | End date: |
| CME/CPD Points: | |
| CME/CPD category: Education / Clinical/ Professional/ Academic | |
| Why did I choose this activity? | |
| What did I learn from this activity / event? | |
| How am I going to apply this learning to my work? | |
| How could this benefit the service user / patient? | |